Many community groups are looking for volunteers, and some may not have occurred to you. Most of us know that hospitals, libraries, and churches use volunteers for a great deal of their work, but here are some volunteer opportunities that may not have crossed your mind:

- Day care centers, Neighborhood Watch, Public Schools and Colleges
- Community, Theaters, Fraternal Organizations and Civic Clubs
- Retirement Centers and Homes for the Elderly, Meals on Wheels, Church or Community-Sponsored Soup Kitchens or Food Pantries
- Museums, Art Galleries and Monuments
- Community Choirs, Bands and Orchestras
- Neighborhood Parks, Youth Organizations, Sports Teams and after-school programs
- Historical Restorations, Battlefields and National Parks

Think outside The box!

Volunteer Opportunities For Teens

Make a Difference
Local Volunteer Agencies

American Red Cross  
www.redcross.org  
Travis Pam  
(646) 584-1323  
travis.pam@redcross.org  
14 years & older  
Special Projects younger w/ parent

American Littoral Society  
www.littoralsociety.org  
Beach Clean Up- Natalie Grant  
info@littoralsociety.org  
(718) 869-3488  
All ages with parent

Atria- South Setauket  
www.atriaseniorliving.com  
Karen Farrell  
(631) 473-8000  
16 years & older

Avalon Park S.T.A.T.E. Program  
state.avalonparkandpreserve.org  
Rebecca Kassay  
(631) 786-2605  
13-18 years old

Bethel Hobbs Community Farm  
www.hobbsfarm.info  
ann@hobbsfarm.info  
11-18 years old (11-13 with parent)

United Way  
www.unitedway.org  
The United Way is a nationwide umbrella organization for thousands of charitable organizations.

United We Serve  
www.serve.gov  
Online resource for finding volunteer opportunities in your community and for creating your own.

Volunteer Match  
www.volunteermatch.org  
As the largest online network of participating nonprofits, VolunteerMatch attracts thousands of volunteers every day.

Wish for Wish Kids  
wish.org/ways-to-help/fundraising/kids-for-wish-kids  
Partner with Make-A-Wish chapters to create fundraisers and sponsor a wish for a child with a life-threatening medical condition.

Youth Changing the World  
www.ysa.org  
Find your voice, take action and make an impact on vital community issues.
On Giants' Shoulders
www.ongiantsshoulders.org
An online community service initiative for high school students to motivate at risk elementary and middle school teens.

Project Linus
www.projectlinus.org
Project Linus is a non-profit organization with a mission to provide love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer “blanketeers.”

Salvation Army
www.salvationarmyusa.org
The Salvation Army provides social services, rehabilitation centers, disaster services, character building groups and activities for all ages.

Sewing for Charity
http://sewing.about.com/od/freeprojects/tp/charitysewing.htm
The patterns and projects listed here can fill so many community needs at places like shelters, hospitals, nursing homes and more.

Students Rebuild
http://studentsrebuild.org
Create simple symbolic objects that are matched by funding from the organization to take action and facilitate change internationally.

Bide-A-Wee Junior Volunteer Program
Kim-Events & Volunteer Manager
https://www.bideawee.org
(866) 262-8133
10 – 17 years old with parent
Mondays from 3-5pm, Saturdays vary

Coastal Steward – Beach Cleanups
www.coastalsteward.org
(516) 946-6560

Energeia for Teens- Molloy College
Sabina Storti
(516) 323-4706
sstorti@molloy.edu
14-19 years old

The Guide Dog Foundation for the Blind
www.guidedog.org
Barrie Madasu
(631) 930-9093
16 years & older

Habitat for Humanity
Wendy Scharf- Outreach Associate
631-924-4966 ext. 108
outreach@habitatsuffolk.org
www.habitat.org/volunteer
16 years & older

Long Island Blood Services
Robin Quagliata
(516) 478-5108
www.nybloodcenter.org
16 years & older
Long Island Cares, Hauppauge
Christine Brown
(631) 582-3663 ext. 120
www.licares.org
14 years & older

League of Yes
Kristine Fitzpatrick
(631) 278-6385
kristine@leagueofyes.com
11-18 years old (Spring & Fall Only)

Maritime Explorium, Port Jefferson
Lauren Hubbard
631-331-3277
maritimeexplorium.org
14 years & older

Mather Hospital
Keri Dunne
(631) 476-2749
http://www.matherhospital.org/become-a-volunteer.php
14 years & older

NYS Veterans Home at Stony Brook University
Susan Helmus
(631) 444-8590
Susan.helmus@lisvh.org
www.listateveteranshome.org
14 years & older

Quogue Wildlife Refuge
Refuge Nature Center
Marisa Nelson
631-653-4771
marisa@quoguewildliferefuge.org
http://quoguewildliferefuge.org/get-involved/become-a-volunteer/
13 years & older

Independent Volunteer Opportunities

AmeriCorps
www.nationalservice.gov/programs/americorps
AmeriCorps is a network of local, state, and national service programs that connects more than 70,000 Americans each year in intensive service to meet our country's critical needs in education, public safety, health, and the environment.

ASPCA
http://www.aspca.org/take-action
Create your own fundraising campaign for animals.

Do Something
www.dosomething.org
Uses the power of online to get teens to do good stuff offline.

Nicodemus Wilderness Project
Apprentice Ecologist Initiative Program
www.wildernessproject.org
The Nicodemus Wilderness Project is a 501(c)(3) publicly-supported nonprofit organization that coordinates large-scale events that utilize the resources of the local community to provide long-term environmental benefits for nature and wildlife.

The goals of the Apprentice Ecologist Initiative™ (officially recognized by the U.S. EPA) are to elevate kids and teens into leadership roles by engaging them in environmental stewardship projects, empower youth to rebuild the environmental and social well-being of our communities, and improve local living conditions for both citizens and wildlife.
Junior Firefighter Programs

These programs are generally restricted to teens between the ages of 14 and 17. An application may be required; please contact your local Fire Department for availability and more.

Farmingville Fire Department
780 Horseblock Road
Farmingville, NY 11738
Contact: Eddie Stewart
631-732-6611

Holbrook Fire Department
390 Terry Road
Holbrook, NY 11741
631-588-0099

Holtsville Fire Department
1025 Waverly Avenue
Holtsville, NY 11742
Contact: Eric
631-475-5238

Lakeland Fire Department
929 Johnson Avenue
Ronkonkoma, NY 11779
Contact: Frank Filhan
631-588-8373

Ronkonkoma Fire Department
Explorer Program
177 Portion Road
Lake Ronkonkoma, NY 11779
631-588-8204

Pal-O-Mine Equestrian
829 Old Nichols Rd., Islandia
Carol Ann Guerriero
cguerriero@pal-o-mine.org
(631) 348-1389
https://pal-o-mine.org/
16 years & older

Reality Check Long Island
Michael Hoffner
(631) 415-0944
mhoffner@lungne.org
www.RealityCheckofNY.com
12-18 years old

Relay-for-Life
American Cancer Society
Pamela Parker
(631) 300-3178
12 years & older

Sachem Community Youth Services
Tutors Needed
Ilyse
ik.sachemcys@gmail.com
http://www.sachemcys.com/
631-585-1811

Save-A-Pet: Port Jefferson Station
Lynne Schoepfer
(631) 473-6333
saveapetedu@optonline.net
www.saveapetny.org
12 years & older
Special Olympics
Diane Colonna
(631) 254-1465 ext. 206
http://specialolympics-ny.org/volunteers
13 - 16 years with parent

St. Charles Hospital
Tina Murano
(631) 474-6365
http://stcharleshospital.chsl.org/volunteer-hospital
15 years & older

Stony Brook Hospital
Kathy Kress
(631) 444-2610
Kathleen.Kress@stonybrookmedicine.edu
www.stonybrookmedicine.edu
14 years & older

Suffolk County Police Explorers, Medford
Lauren Vlachos
(631) 924-7000 x137
lvlachos@bsamail.org
http://scpd.suffolkcountyny.gov/communityoutreach.htm
14-21 years old

Sunshine Prevention Center, Port Jefferson Station
Carol Carter
(631) 476-3099
www.sunshinepreventionctr.org
14 years & older
(summer only or with enrollment in their current program)

Sweetbriar Nature Center
Eric Young
(631) 979-6344 x 302
eyswbriarnc@aol.com
http://sweetbriarnc.org
16 years & older
younger with parent present

Town of Brookhaven Highway Department
Holtsville Ecology Center
April (631) 758-9664
16 years and up
with valid Social Security card

Town of Brookhaven Youth Bureau
INTERFACE Program
Josephine Lunde
(631) 451-8011 (main) (631) 451-8026 (private)
11-18 years

Ward Melville Heritage Youth Corps
Deborah Boudreau
(631) 751-2244
11-17 years

West Meadow Beach
Ranger Molly Hastings
(631) 751-6714
mhastings@brookhaven.org

YMCA- Patchogue
Phil Insalaco
(631) 891-1800 ext. 812
phil.insalaco@ymcali.org
https://ymcali.org/association-services/volunteer
15-17 years old